



## MENU - WEEK 2

SPRING/SUMMER 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
FRENCH TOAST - 1 SLICE WITH APPLE TOPPING - 1/2 CUP GF SAUSAGE LINKS - 2 GF JUICE - 4OZ GF	2 EGGS OVER MEDIUM - GF WHEAT TOAST - 2 SLICES FRUIT CUP - 1/2 CUP GF  JUICE - 4OZ GF	2 SCRAMBLED EGGS GF HASHBROWNS -1/2 CUP GF WHEAT TOAST - 2 SLICES  JUICE - 4OZ GF	2 FLUFFY PANCAKES BERRY TOPPING - 2 OZ GF BACON - 2 SLICES GF  JUICE - 4OZ GF	CHEESE OMELET - 4 OZ GF TOAST - 2 SLICES YOGURT - 4 OZ  JUICE - 4OZ GF	HOT OR COLD CERERAL - 1/2 CUP GF BAGEL (1) WITH CREAM CHEESE  JUICE - 4OZ GF	FRIED EGG & CHEESE SANDWICH - 4 OZ GF FRESH BANANA - 1 GF  JUICE - 4OZ GF
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
HOMEMADE LASAGNA WITH MEAT SAUCE-6OZ TOMATO AND CUCUMBER SALAD - 1/2 CUP GF ITALIAN BREAD - 1 SL  PEACH COBBLER - 1/2 C	BEEF STEW WITH POTATOES, CARROTS AND PEAS - 6 OZ GF WARM DINNER ROLL  DUTCH APPLE PIE - 1 SL	ANTIPASTO SALAD - 6 OZ GF SALAMI, PROVOLONE, TOMATOES, ONIONS, OLIVES, ROASTED RED PEPPERS, LETTUCE BREADSTICK - 1 CHOCOLATE CREAM 1 SL	SWEET & SOUR PORK - 4OZ GF OVER RICE - 4 OZ GF BROCCOLI - 4 OZ GF WARM DINNER ROLL  CHOCOLATE CAKE - 1 SL	CHICKEN AND GRAVY WITH PEAS AND CARROTS - 1/2 CUP GF OVER BISCUITS - 2 BEETS - 1/2 CUP GF  APPLE RASP PIE - 1 SL	BAKED HADDOCK - 3 OZ BAKED POTATO - 6 OZ GF MIXED VEGETABLE-1/2 CUP GF SOUR CREAM - 1 OZ GF LEMON WEDGE GF  LEMON BAR - 1	BAKED HAM DINNER - 3 OZ GF SCALLOPED POTATOES - 1/2 CUP GF WAX BEANS - 1/2 C GF CORNBREAD - 1 SL  COCONUT CUSTARD
CC PEACH COBBLER - 1/2 C	DUTCH APPLE PIE - 1 SL	PIE - 1/2 SL	CHOCOLATE CAKE - 1 SL	APPLE RASP PIE - 1 SL	LEMON BAR - 1	COCONUT CUSTARD - 1/2 SL
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
GRILLED CHEESE - 4 OZ TOMATO SOUP-1/2 CUP GF PICKLES - 2 GF CRACKERS - 2  CANTALOUPE - 1/2 CUP GF]	BACON, LETTUCE AND TOMATO SANDWICH - 5 OZ CHICKEN NOODLE SOUP - 1/2 CUP CRACKERS - 2 BLUEBERRIES - 1/2 CUP GF	PIZZA - 1 SLICE WING DINGS - 4 CELERY - 1/2 CUP RANCH DRESSING - 1/4 CUP GF FRUIT CUP - 1/2 CUP GF	GRILLED CHICKEN GF ON A BUN WITH HONEY MUSTARD - 5 OZ LETTUCE, TOMATO-2OZ POTATO CHIPS-1/2 CUP GF PICKLE - 1 GF WATERMELON - 1 SL GF	<b>COLD PLATE:</b> TURKEY SALAD-3 OZ GF POTATO SALAD 1/2 CUP LETTUCE, TOMATO 2OZ COTTAGE CHEESE 2 OZ GF PEACHES - GF, CROSSIANT STRAWBERRY SHORTCAKE	EGG SALAD SANDWICH - 5 OZ CREAM OF POTATO SOUP - 1/2 CUP CRACKERS - 2 GRAPES - 1/2 CUP GF	SLOPPY JOE GF ON A BUN - 5 OZ BAKED BEANS - 1/2 CUP MACARONI SALAD - 1/2 CUP ORANGE JELLO WITH FRUIT - 1/2 CUP GF
CC CANTALOUPE - 1/2 CUP GF]	BLUEBERRIES - 1/2 CUP GF	FRUIT CUP - 1/2 CUP GF	WATERMELON - 1 SL GF	STRAWBERRY SHORTCAKE	GRAPES - 1/2 CUP GF	ORANGE JELLO W/FRUIT

**SUBSTITUTION LIST: PLEASE REQUEST ALTERNATIVES 2 HOURS PRIOR TO MEAL**

Grilled Cheese, hotdog, hamburger

Sandwiches: sliced ham, turkey, chicken salad, tuna, ham salad, egg salad

DRINKS BELOW ARE OFFERED AT ALL MEALS:

Milk, ice water, coffee, tea and juice.