



MENU - WEEK 1

FALL/WINTER 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
A SLICE OF HOMEMADE FRENCH TOAST 2 SLICES OF CRISPY BACON GF NEW YORK MAPLE SYRUP FRESH CUT MELON CHOICE OF JUICE GF	2 FRIED EGGS OVER OVER MEDIUM - GF BUTTERED WHEAT TOAST FRESH FRUIT CUP GF CHOICE OF JUICE GF	2 FLUFFY SCRAMBLED EGGS GF WITH OVEN FRIED HASHBROWNS GF BUTTERED WHEAT TOAST FRESH BANANA GF CHOICE OF JUICE GF	2 FLUFFY PANCAKES WITH A DELICIOUS BERRY TOPPING GF 2 SLICES OF CRISPY BACON GF CHOICE OF JUICE GF	PAULA'S FAMOUS CHEESE STUFFED OMELET GF 2 SLICES BUTTERED TOAST LOW-FAT YOGURT CHOICE OF JUICE GF	CHOICE OF HOT OR COLD CERERAL FRESH BAKED BERRY MUFFIN FRESH BANANA GF CHOICE OF JUICE GF	TERRACE FAMOUS FRIED EGG & CHEESE SANDWICH ON A WARM ENGLISH MUFFIN FRESH FRUIT CUP CHOICE OF JUICE GF
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
PERFECTLY SEASONED ROASTED TURKEY BREAST HOMEMADE STUFFING SAVORY GRAVY BUTTERY MASHED POTATOES SAVORY SQUASH CRANBERRY SAUCE GF PEANUT BUTTER COOKIES	SMOTHERED SIRLOIN TIPS GF OVER BUTTERED NOODLES SWEET PEAS AND CARROTS SOFT DINNER ROLL BUTTERSCOTCH PUDDING	TASTY SPAGHETTI WITH HOME COOKED MEAT SAUCE AND A CRISP TOSSED SALAD WITH FRESH VEGETABLES WARM BAKED GARLIC KNOT SPECIAL BANANA CREAM PIE	AUTHENTIC BBQ CHICKEN WITH AN OVEN BAKED SWEET POTATO WARM COOKED BEETS SOFT DINNER ROLL SWEETENED PEACHES	GRILLED SAUSAGE WITH PEPPERS AND ONIONS PASTA AND BEANS WARM BAKED DINNER ROLL FRESH GRAPES	OVEN BAKED HEARTY VEGETABLE LASAGNA WARM SOFT DINNER ROLL FRESH CUT MIXED MELON	OVEN ROASTED ROAST BEEF WITH BUTTERY MASHED POTATOES AND PAULA'S FAMOUS BROWN GRAVY BUTTERED SPINACH SOFT WARM DINNER ROLL SWEET TREATS ICE CREAM
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
HOMEMADE CHICKEN SALAD GF ON A WHEAT WRAP SAVORY VEGETABLE SOUP SALTINE CRACKERS ZESTY DILL PICKLES TENDER ORANGE SLICES	ROASTED BROCCOLI QUICHE CHICKEN & RICE SOUP CREAMED SWEET CORN SALTINE CRACKERS ALT: GRILLED HOT DOG AND HOMEMADE MACARONI SALAD SWEETENED PEARS	LAURIE'S FAMOUS CHICKEN PATTY MELT ON A BUN DRESSED WITH LETTUCE AND SLICED TOMATO BAKED TATER TOTS SATIN CHOCOLATE PUDDING	HOME COOKED CHIPPED BEEF ON 2 SLICES OF TOASTED WHEAT BREAD SAVORY CARROTS ALT: HOMEMADE GOULASH DELICIOUS APPLE RASPBERRY PIE	GRILLED HAM GF AND SWISS ON RYE HOT SPLIT PEA SOUP SALTINE CRACKERS GRANDMA'S CARROT CAKE	FRESH FISH SANDWICH ON A BUN WITH LAURI'S FAMOUS COLESLAW FRENCH FRIES TARTER SAUCE FRESH LEMON WEDGE CHOCOLATE CHIP COOKIES	SLOW ROASTED ROAST BEEF AND SWISS SANDWICHED BETWEEN 2 SLICES OF RYE BREAD WITH LETTUCE AND TOMATO HOMESTYLE APPLESAUCE POTATO CHIPS JIGGLY JELLO WITH FRUIT

SUBSTITUTION LIST: PLEASE REQUEST ALTERNATIVES 2 HOURS PRIOR TO MEAL

Grilled Cheese, hotdog, hamburger
Sandwiches: sliced ham, turkey, chicken salad, tuna, ham salad, egg salad

DRINKS BELOW ARE OFFERED AT ALL MEALS:
Milk, ice water, coffee, tea and juice.

*MENU SUBJECT TO CHANGE