



MENU - WEEK 3

FALL/WINTER 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
A SLICE OF HOMEMADE FRENCH TOAST 2 SLICES OF CRISPY BACON GF NEW YORK MAPLE SYRUP BABY ORANGE SLICES CHOICE OF JUICE GF	2 FRIED EGGS OVER MEDIUM - GF BUTTERED WHEAT TOAST FRESH FRUIT CUP CHOICE OF JUICE GF	2 FLUFFY SCRAMBLED EGGS GF WITH OVEN FRIED HASHBROWNS BUTTERED WHEAT TOAST FRESH BANANA CHOICE OF JUICE GF	2 FLUFFY PANCAKES WITH A DELICIOUS BERRY TOPPING 2 SLICES OF CRISPY BACON GF CHOICE OF JUICE GF	PAULA'S FAMOUS CHEESE STUFFED OMELET GF 2 SLICES BUTTERED TOAST LOW-FAT YOGURT CHOICE OF JUICE GF	CHOICE OF HOT OR COLD CERERAL WARM CINNAMON ROLL FRESH BANANA CHOICE OF JUICE GF	TERRACE FAMOUS FRIED EGG & CHEESE SANDWICH ON A WARM ENGLISH MUFFIN FRESH FRUIT CUP CHOICE OF JUICE GF
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
CHEESE STUFFED SHELLS SPICY HOMEMADE MEATBALL GARDEN FRESH CUCUMBER AND TOMATO SALAD WARM DINNER ROLL TANGY LEMON BAR	HEARTWARMING BEEF STEW LOADED WITH POTATOES, CARROTS AND PEAS WARM DINNER ROLL OVEN BAKED APPLE CRISP	OPEN FACED TURKEY SANDWICH WITH GRAVY AND BUTTERY MASHED POTATOES CREAMED SWEET CORN CRANBERRY SAUCE GF= TASTY PUMPKIN PIE	JAN'S FAMOUS MEATLOAF PERFECTLY BAKED BAKED POTATO TOPPED WITH SOUR CREAM BUTTERY GREEN BEANS GOLDEN BUTTERED ROLL FRESH MIXED BERRIES	PERFECTLY SEASONED BAKED CHICKEN BREAST WITH A BAKED SWEET POTATO SUPERBLY SAUTEED ASPARAGUS WARM DINNER ROLL TASTY ORANGES	PAULA'S FAMOUS BATTERED HADDOCK DINNER MIXED VEGETABLE FLUFFY RICE PILAF SOFT DINNER ROLL ALT: HOMEMADE LASAGNA WITH MEAT FRESH GRAPES	TENDER ROASTED BEEF WITH BUTTERY MASHED POTATOES AND PAULA'S FAMOUS BROWN GRAVY BUTTERED SPINACH SOFT WARM DINNER ROLL FRESH BAKED CHERRY PIE
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
HOMEMADE WALNUT AND GRAPE TURKEY SALAD GF ON WHEAT BREAD DELUXE BEAN SOUP SALTINE CRACKERS SAVORY PEACHES	GRILLED HONEY HAM AND SWISS (GF) ON RYE BREAD SELECT HEARTY VEGETABLE SOUP SALTINE CRACKERS DEVINE SWEET PEARS	HOMEMADE CHILI SWEET CORNBREAD MUFFIN SEASONED CARROTS FRESH CUT MIXED MELON	SPICY BBQ PORK ON A WARMED BUN WITH LAURI'S FAMOUS COLESLAW FRESH BAKED FRENCH FRIES SPECIAL CHOCOLATE CAKE	HOT MEATBALL SUB ON A TOASTED ROLL POTATO CHIPS COTTAGE CHEESE STEAMED BROCCOLI GOURMET CHEESECAKE	CHEESY TUNA MELT HOMEMADE CREAM OF POTATO SOUP SALTINE CRACKERS SATIN CHOCOLATE PUDDING	FRESH HONEY BAKED TURKEY SANDWICH WITH LETTUCE AND FRESHLY SLICED TOMATOES BUTTERY WARM BEETS CINNAMON INFUSED HOMESTYLE APPLESAUCE PEANUT BUTTER COOKIES

SUBSTITUTION LIST: PLEASE REQUEST ALTERNATIVES 2 HOURS PRIOR TO MEAL

Grilled Cheese, hotdog, hamburger
Sandwiches: sliced ham, turkey, chicken salad, tuna, ham salad, egg salad

DRINKS BELOW ARE OFFERED AT ALL MEALS:
Milk, ice water, coffee, tea and juice.

*MENU SUBJECT TO CHANGE