


★ Please sign up for the outing events at least one full day in advance. These are first come, first serve.★

# November 2011

ALL ACTIVITES ARE CONDUCTED BY: Beth Tonge, Activities Director UNLESS OTHERWISE NOTED

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
<b>KEY...</b> YC - Yesterdays Café MLR - Main Living Room DR - Dining Room BS - Beauty Shop AK - Activities Kitchen ML - Main Lobby		<b>1</b> 9:30 - Exercise <b>MLR</b> 10:45 - News & Views <b>YC</b> 1:00 - Afternoon Walk <b>ML</b> 1:30 - BINGO <b>YC</b> 2:30 - Chair Travel <b>MLR</b> 3:30 - Cards <b>YC</b> 4:00 - Scrapbooking <b>AK</b> 7:00 - Table Games <b>YC</b>	<b>2</b> 9:30 - Exercise <b>MLR</b> 10:00 - Communion <b>MLR</b> 10:30 - News & Views <b>YC</b> 1:30 - BINGO <b>YC</b> 2:30 - Ice Cream Social <b>YC</b> 3:00 - Movie Matinee <b>MLR</b> 4:00 - Cards <b>YC</b> 6:00 - Card Games <b>YC</b>	<b>3</b> 9:30 - Exercise <b>MLR</b> 10:00 - News & Views <b>YC</b> 11:30 - Guys Day Out * 1:00 - Afternoon Walk 2:30 - Chorus <b>DR</b> 3:30 - Poetry Reading <b>DR</b> 4:30 - Creative Arts <b>AK</b> 6:00 - Resident Social <b>YC</b>	<b>4</b> 9:30 - Exercise <b>MLR</b> 10:00 - News & Views <b>YC</b> 10:15 - Shopping Outing * 1:00 - Afternoon Walk 2:30 - Happy Hour <b>DR</b> Entertainment:2-Old Cowboys 3:00 Greif & Loss Session <b>AK</b> 6:00 - Classic Movie <b>YC</b>	<b>5</b> 9:30 - Exercise <b>MLR</b> 10:00 - News & Views <b>YC</b> 1:00 - Afternoon Walk <b>MLR</b> 2:00 - Classic Movie <b>YC</b> 3:00 - Card Games <b>YC</b> 3:30 - Yahtzee <b>YC</b> 4:00 - Scrabble <b>YC</b> 7:00 - Table Games <b>MLR</b>
<b>6</b> 9:30 - Exercise <b>MLR</b> 10:30 - News & Views <b>YC</b> 1:00 - Football Game <b>MLR</b> 2:30 - Church Service <b>MLR</b> 3:30 - Nail Care <b>YC</b> 4:00 - Classic Movie <b>MLR</b> 6:00 - Resident Social <b>MLR</b> 8:00 - Football Game <b>MLR</b>	<b>7</b> 9:30 - Exercise <b>MLR</b> 10:00 - News & Views <b>YC</b> 11:00 - Yahtzee Game <b>YC</b> 1:00 -Afternoon Walk <b>ML</b> 1:30 - BINGO <b>YC</b> 2:30 - Yoga Class <b>MLR</b> 3:30 - Art Therapy <b>AK</b> 8:30 - Football <b>MLR</b>	<b>8</b> 9:30 - Exercise <b>MLR</b> 10:20 - Catholic Mass <b>MLR</b> 10:30- News & Views <b>YC</b> 1:30 - BINGO <b>YC</b> 2:30 - Chair Travel <b>MLR</b> 3:30 - Cards <b>YC</b> 4:00 - Scrapbooking <b>AK</b> 7:00 - Table Games <b>YC</b>	<b>9</b> 9:30 - Exercise <b>MLR</b> 10:00 - Resident Councel <b>MLR</b> 10:30 - News & Views <b>YC</b> 1:30 - BINGO <b>YC</b> 2:30 - Ice Cream Social <b>YC</b> 3:00 - Movie Matinee <b>MLR</b> 4:00 - Cards <b>YC</b> 6:30 - Classic Movie <b>MLR</b>	<b>10</b> 9:30 - Exercise <b>MLR</b> 10:00 - News & Views <b>YC</b> 10:30 - Cards <b>YC</b> 1:00 - Afternoon Walk 2:30 - Chorus <b>DR</b> 3:30 - Poetry reading <b>DR</b> 4:30 - Creative Arts <b>AK</b> 6:00 - Resident Social <b>YC</b>	<b>11</b> 9:30 - Exercise <b>MLR</b> 10:00 - News & Views <b>YC</b> 10:15 - Shopping Outing * 1:00 - Afternoon Walk 2:30 - Birthday Party! <b>DR</b> Entertainment By:Ron Minor 3:00 Greif & Loss Session <b>AK</b> 6:00 - Classic Movie <b>YC</b>	<b>12</b> 9:30 - Exercise <b>MLR</b> 10:00 - News & Views <b>YC</b> 1:00 - Afternoon Walk 2:00 - Movie Mainee <b>MLR</b> 3:00 - Card Games <b>YC</b> 3:30 - Yahtzee <b>YC</b> 4:00 - Scrabble <b>YC</b> 7:00 - Baseball Game <b>MLR</b>
<b>13</b> 9:30 - Exercise <b>MLR</b> 10:30 - News & Views <b>YC</b> 1:00 - Football Game <b>MLR</b> 2:30 - Church Service <b>MLR</b> 3:30 - Nail Care <b>YC</b> 4:00 - Classic Movie <b>MLR</b> 6:00 - Table Games <b>YC</b> 8:00 - Football Game <b>MLR</b>	<b>14</b> 9:30 - Exercise <b>MLR</b> 10:00 - News & Views <b>YC</b> 11:00 - Yahtzee Game <b>YC</b> 1:00 -Afternoon Walk <b>ML</b> 1:30 - BINGO <b>YC</b> 2:30 - Yoga Class <b>MLR</b> 3:30 - Art Therapy <b>AK</b> 8:30 - Football <b>MLR</b>	<b>15</b> 9:30 - Exercise <b>MLR</b> 10:30 - Coffee Talk <b>YC</b> 1:00 - Afternoon Walk <b>ML</b> 1:30 - BINGO <b>YC</b> 2:30 - Chair Travel <b>MLR</b> 3:30 - Cards <b>YC</b> 4:00 - Scrapbooking <b>AK</b> 6:00 - AMC Movie <b>MLR</b>	<b>16</b> 9:30 - Exercise <b>MLR</b> 10:00 - Communion <b>MLR</b> 10:30 - News & Views <b>YC</b> 1:30 - BINGO <b>YC</b> 2:30 - Ice Cream Social <b>YC</b> 3:00 - Movie Matinee <b>MLR</b> 4:00 - Cards <b>YC</b> 6:30 - Classic Movie <b>MLR</b>	<b>17</b> 9:30 - Exercise <b>MLR</b> 10:00 - News & Views <b>YC</b> 11:00 - Ladies Day Out * 1:00 - Afternoon Walk 2:30 - Chorus <b>DR</b> 3:30 - Poetry reading <b>DR</b> 4:30 - Creative Arts <b>AK</b> 6:00 - Resident Social <b>YC</b>	<b>18</b> 9:30 - Exercise <b>MLR</b> 10:00 - News & Views <b>YC</b> 10:15 - Shopping Outing * 1:00 - Afternoon Walk 2:30 - Happy Hour <b>DR</b> Entertainment By: Brian Nelson 3:00 Greif & Loss Session <b>AK</b> 6:00 - Classic Movie <b>YC</b>	<b>19</b> 9:30 - Exercise <b>MLR</b> 10:00 - News & Views <b>YC</b> 1:00 - Afternoon Walk <b>MLR</b> 2:00 - Movie Mainee <b>MLR</b> 3:00 - Card Games <b>YC</b> 3:30 - Yahtzee <b>YC</b> 4:00 - Scrabble <b>YC</b> 7:00 - Baseball Game <b>MLR</b>
<b>20</b> 9:30 - Exercise <b>MLR</b> 10:30 - News & Views <b>YC</b> 1:00 - Walk & Football 2:30 - Church Service <b>MLR</b> 3:30 - Nail Care <b>YC</b> 4:00 - Classic Movie <b>MLR</b> 6:00 - Resident Social <b>MLR</b> 8:00 - Football Game <b>MLR</b>	<b>21</b> 9:30 - Exercise <b>MLR</b> 10:00 - News & Views <b>YC</b> 11:00 - Yahtzee Game <b>YC</b> 1:00 -Afternoon Walk <b>ML</b> 1:30 - BINGO <b>YC</b> 2:30 - Yoga Class <b>MLR</b> 3:30 - Art Therapy <b>AK</b> 8:30 - Football <b>MLR</b>	<b>22</b> 9:30 - Exercise <b>MLR</b> 10:00 - News & Views <b>YC</b> 1:00 - Afternoon Walk <b>ML</b> 1:30 - BINGO <b>YC</b> 2:30 - Chair Travel <b>MLR</b> 3:30 - Cards <b>YC</b> 4:00 - Scrapbooking <b>AK</b> 7:00 - AMC Movie <b>MLR</b>	<b>23</b> 9:30 - Exercise <b>MLR</b> 10:00 - Communion <b>MLR</b> 10:30 - News & Views <b>YC</b> 1:30 - BINGO <b>YC</b> 2:30 - Ice Cream Social <b>YC</b> 3:00 - Movie Matinee <b>MLR</b> 4:00 - Cards <b>YC</b> 6:00 - Card Games <b>YC</b>	<b>24</b> 9:30 - Exercise <b>MLR</b> 10:00 - News & Views <b>YC</b> 12:00 - Thanksgiving Lunch 1:00 - Afternoon Walk 2:00 - Resident Social <b>YC</b> 3:30 - Holiday Movie <b>MLR</b> 4:30 - Turkey Craft <b>AK</b> 7:00 - Table Games <b>YC</b>	<b>25</b> 9:30 - Exercise <b>MLR</b> 10:00 - News & Views <b>YC</b> 10:15 - Shopping Outing * 1:00 - Afternoon Walk 2:30-Thanksgiving Celebration Entertainment By: Vince <b>DR</b> 3:00 Greif & Loss Session <b>AK</b> 6:30 - Movie Night <b>MLR</b>	<b>26</b> 9:30 - Exercise <b>MLR</b> 10:00 - News & Views <b>YC</b> 1:00 - Afternoon Walk 2:00 - Movie Mainee <b>MLR</b> 3:00 - Card Games <b>YC</b> 3:30 - Yahtzee <b>YC</b> 4:00 - Scrabble <b>YC</b> 6:30 - Table Games <b>MLR</b>
<b>27</b> 9:30 - Exercise <b>MLR</b> 10:30 - News & Views <b>YC</b> 1:00 - Walk & Football 2:30 - Church Service <b>MLR</b> 3:30 - Nail Care <b>YC</b> 4:00 - Classic Movie <b>MLR</b> 6:00 - Resident Social <b>MLR</b> 8:00 - Football Game <b>MLR</b>	<b>28</b> 9:30 - Exercise <b>MLR</b> 10:00 - News & Views <b>YC</b> 11:00 - Yahtzee Game <b>YC</b> 1:00 -Afternoon Walk <b>ML</b> 1:30 - BINGO <b>YC</b> 2:30 - Yoga Class <b>MLR</b> 3:30 - Dice Game <b>YC</b> 8:30 - Football <b>MLR</b>	<b>29</b> 9:30 - Exercise <b>MLR</b> 10:00 - News & Views <b>YC</b> 1:00 - Afternoon Walk <b>ML</b> 1:30 - BINGO <b>YC</b> 2:30 - Chair Travel <b>MLR</b> 3:30 - Cards <b>YC</b> 4:00 - Scrapbooking <b>AK</b> 6:00 - AMC Movie <b>MLR</b>	<b>30</b> 9:30 - Exercise <b>MLR</b> 10:00 - Communion <b>MLR</b> 10:30 - Coffee Talk <b>MLR</b> 1:30 - BINGO <b>YC</b> 2:30 - Ice Cream Social <b>YC</b> 3:00 - Movie Matinee <b>MLR</b> 4:00 - Cards <b>YC</b> 6:30 - Classic Movie <b>MLR</b>	