

Terrace At Woodland "Newsletter" November 2011

October Recap:

October brought the residents here at The Terrace at Woodland a variety of activities. The Kids Trick or Treating was one of the highlights, as well as the Halloween Party and Mayor Brown. Thanks everyone who helped decorate for the season; we could not have made the place what it is today without you crafters. We are getting a lot of positive feed back on your handy work!

We had a variety of entertainers who shared their skills with all the residents here at the Terrace at Woodland. Entertainers were Vince, Ron Minor, Two Old Cowboys, and Brian Nelson.

"Heart-Prints"

There are three very simple-yet powerful-attitudes or heart-prints that we can adopt. They really change the way we can adopt. They really change the way we can view life circumstances and can make all the difference in the experience and shared time that we have with a loved one or friend. This helps us to embrace moments instead of disconnecting from them. It is important to hold on to one's Value, Trust, and Understanding. All of these heart prints or attitudes, simple as they sound, are ways that we can allow our lives, and the lives of those we care for, to be imprinted with hope, comfort, and peace. It requires a hunger to learn and grow; it requires that ability to be flexible and moldable, and it requires a passion to see even the most hurtful and difficult season of life from a new perspective. No two circumstances are the same, and some losses are so tragic it is almost unspeakable. Be encouraged that God is the one certain constant in a season full of changes and unexpected events. Finding life in the last season was written to convey this message of hope and life and to imprint the hearts of those who are facing that final season, as well as those who are caring for them. *Written by Diane Walsh, Licensed minister served the elderly for over 10 years.*

November Events at A Glance:

Monthly Birthday Party w/Ron Miner: 11/4

Guys Day Out : 11/3

Ladies Day Out : 11/17

Thanksgiving Celebration: 11/25

Every Wednesday is our Ice Cream Social*

Every Friday @ 10am is our Shopping Outing!

Attention Residents: If you think you may be interested in participating in any outings, please be sure to sign up early with Beth, Activities Director; Seating is limited.



TO ALL OUR FAMILY MEMBERS & FRIENDS

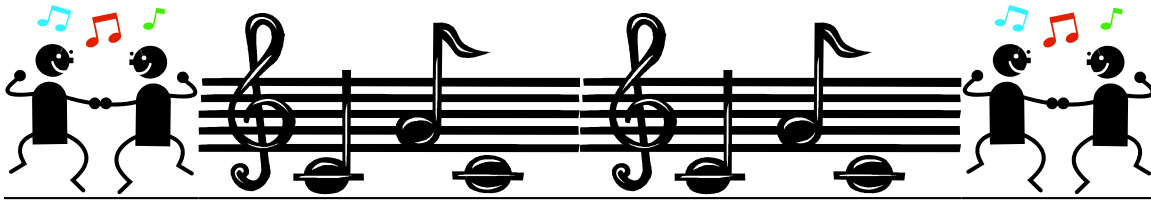
You now can view our newsletter & Calendar on our website:
www.terraceatwoodland.com



MEMORY CARE NEWS...

The Memory Care residents will be making a variety of arts & crafts for our thanksgiving theme. Cooking group is awesome! Memory Care has had great success with the variety of programs again this past month; as the activities help increase; range of motion, cognitive abilities, circulation, and muscle strength. Thanks everyone for making it work!

REMINDER: The residents in Memory Care attend all the Special Events & Entertainment throughout the month.



November SPECIAL EVENTS & MUSICAL
ENTERTAINMENT:

Date:	Event:
11/2	Communion with Sister Marie @ 10:00 am
11/3	Guys Day Out @ 11:30 am
11/9	Resident Council @ 10:00 am
11/4	Happy Hour with Two Old Cowboys @ 2:30
11/8	Catholic Mass @ 10:20 am
11/17	Ladies Day Out @ 11:30 am
11/11	Birthday Party with Ron Minor @ 2:30
11/11	Book Reader @ 3:30
11/16	Communion with Sister Marie @ 10:00 am
11/18	Happy Hour with Brian Nelson @ 2:30
11/23	Communion with Sister Marie @ 10:00 am
11/30	Communion @ 10:00 am
11/25	Happy Hour with Vince @ 2:30

The Terrace at Woodland begins everyday with: Exercise @ 9:30 & Coffee Talk @ 10:00

Monday, Tuesday, and Wednesday: BINGO @ 1:30

Monday: Art Therapy @ 2:30 - Variety of Table Games @ 3:30 - Football Game @ 8:30pm

Tuesday: Chair Travel @ 2:30 - Cards @ 3:30 - Scrapbooking @ 4:00 - Table Games @ 6:00pm

Wednesday: Ice Cream Social @ 2:30 - Movie Matinee @ 3:00 - Cards @ 4:00 - Classic Movie @ 6:30

Thursday: Chorus @ 2:30 - Classic Movie @ 3:30 - Creative Arts @ 4:30 - Cards & AMC Movie @ 7pm

Friday: Shopping Outing @ 10:15 am - Creative Arts @ 1:30 - Happy Hour @ 2:30 - Yahtzee/ Scrabble @ 6:00pm*

Saturday: Baseball Game @ 1:00pm - Ice Cream Social @ 2:00 - Cards @ 3:00 - Yahtzee @ 3:30 - Scrabble @ 4:00 - Classic Movie @ 6:00pm or Table Games @ 7:00pm

Sunday: Afternoon Walk @ 1:00 - Church Service @ 2:30 - Nail Care @ 3:30 - Classic Movie @ 4:00 - Resident Social @ 6:00 - Resident Social @ 8:00

Every afternoon @ 1:00 we walk outside if not raining; all are welcome!

November Birthdays: Catherina 18th, Estella 21st, Angelo 27th, Al P. 29th, Marie 1st