

## Terrace At Woodland “Newsletter” December 2011

### *November Recap*

November brought the residents here at The Terrace at Woodland a variety of activities. We implemented a new Yoga Exercise Program. We had a variety of entertainers who shared their skills with all the residents here at the Terrace At Woodland. Entertainers were 2 Old Cowboys, Ron Minor, Vince, and Brian Nelson.



### **What does Christmas mean to you?**

The impending season seems to sparkle with twinkling lights adorning homes, streets and shops. Christmas music is heard all around. The television is showing the wonderful classics such as ‘A Christmas Carol’ and ‘Miracle on 34th Street.’

Little eyes shine in anticipation of Santa’s arrival. The Christmas trees are decorated with the lights and tinsel, sharing space with stockings that are hung in anticipation of being filled. This special time of the year puts a glow in your heart. The Christmas tradition is one that has survived for many years.

Every country has traditions that have been in place for many years and the Christmas season is unique for each. The poems, Christmas carols or songs and the exchange of greetings through Christmas cards is a time-honored tradition in the U.S.

All season of goodwill and glad tidings, Christmas can be enjoyed in many countries and by many people no matter what the traditions include.

### *December Events at A Glance:*

Special Choir Concert: 12/8  
Monthly Birthday Party w/Ron Miner: 12/9  
Kim’s Chorus Group: 12/15  
Rome Catholic School Concert: 12/22  
Christmas Party with Kids Caroling: 12/27  
Caroling & Piano: 12/27  
Happy Hour with St. John’s Caroling: 12/30  
Every Wednesday is our Ice Cream Social\*

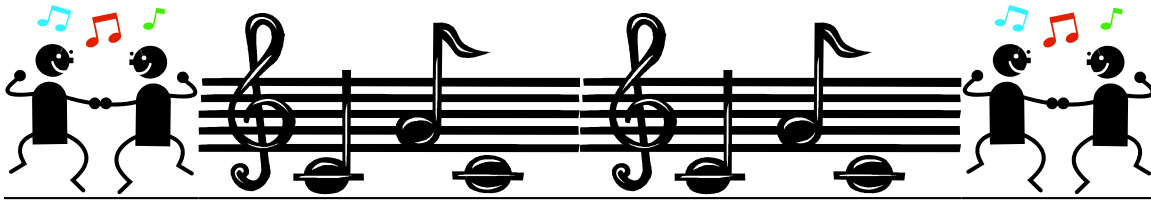
### ***TO ALL OUR FAMILY MEMBERS & FRIENDS***

*You now can view our newsletter & Calendar on our website: [www.terraceatwoodland.com](http://www.terraceatwoodland.com)*

### **MEMORY CARE NEWS...**

The Memory Care residents will be making a variety of arts & crafts for our Christmas theme. We will be decking the halls! Memory Care has had great success with the variety of programs again this past month; as the activities help increase; range of motion, cognitive abilities, circulation and muscle strength. Thank you everyone for making it work!

**REMINDER:** The residents in Memory Care attend all the Special Events & Entertainment throughout the month.



DECEMBER SPECIAL EVENTS & MUSICAL ENTERTAINMENT:

<b>Date:</b>	<b>Event:</b>
12/2	Happy Hour with Vince @ 2:30
12/6	Catholic Mass @ 10:20 am
12/7	Resident Council @ 10:00 am
12/8	Special Choir Concert @ 5:30pm
12/9	Birthday Party with Ron Minor @ 2:30
12/16	Book Reader @ 3:30
12/14	Communion with Sister Marie @ 10:00 am
12/15	Kim's Chorus Group @ 2:30
12/15	Singing Group @ 6:30
12/16	Happy Hour with Brian Nelson @ 2:30
12/21	Communion with Sister Marie @ 10:00 am
12/22	Rome Catholic School Concert @ 1:00
12/23	Christmas Party with Kids Caroling @ 1:00
12/27	Caroling & Piano @ 2:30
12/28	Communion @ 10:00 am
12/30	Happy Hour with St. John's Caroling Group @ 2:30

*The Terrace at Woodland begins everyday with: Exercise @ 9:30 & Coffee Talk @ 10:00*

***Monday, Tuesday, and Wednesday:** BINGO @ 1:30*

***Monday:** Yoga @ 2:30 - Variety of Table Games @ 3:30 - Football Game @ 8:30pm*

***Tuesday:** Chair Travel @ 2:30 - Cards @ 3:30 - Scrapbooking @ 4:00 - Table Games @ 6:00pm*

***Wednesday:** Ice Cream Social @ 2:30 - Movie Matinee @ 3:00 - Cards @ 4:00 - Classic Movie @ 6:30*

***Thursday:** Chorus @ 2:30 - Classic Movie @ 3:30 - Creative Arts @ 4:30 - Cards & Football @ 7pm*

***Friday:** - Creative Arts @ 1:30 - Happy Hour @ 2:30\* - Yahtzee/Scrabble @ 6:00pm*

***Saturday:** Football @ 1:00pm - Ice Cream Social @ 2:00 - Cards @ 3:00 - Yahtzee @ 3:30 - Scrabble @ 4:00 - Classic Movie @ 6:00pm or Table Games @ 7:00pm*

***Sunday:** Afternoon Walk @ 1:00 - Church Service @ 2:30 - Nail Care @ 3:30 - Classic Movie @ 4:00 - Resident Social @ 6:00 -*

***Every afternoon @ 1:00 we walk outside/inside; all are welcome!***

**December Birthdays: Dolly 9<sup>th</sup>; Marion 20<sup>th</sup>; Teresa C. 12<sup>th</sup>; Fred 28<sup>th</sup>**