

Terrace At Woodland "Newsletter" February 2012

Looking Back At January...

January brought the residents here at The Terrace at Woodland a variety of activities. Happy New Year!!! We brought in 2012 with a New Years Party! We had a toast to the New Year, enjoyed snacks and entertainment. We had a variety of entertainers who shared their talents with us such as...Aaron Browka, Ron Miner, Jake, and The Two Old Cowboys.



Mardi Gras Day February 21, 2012

The celebration of Mardi Gras, French words that mean "Fat Tuesday," began during Medieval times in Europe. This French-Catholic tradition came to America with Jean-Baptiste Le Moyne and his brother, Pierre, when the French settled in Louisiana. Today, the Mardi Gras celebration in New Orleans is the largest in the U.S. The Carnival season begins on Epiphany or Twelfth Day, January 6th, the time when the three Wise Men visited baby Jesus. This is a time of feasting & celebration. Mardi Gras is the last day of Carnival, and it is the last day of feasting. The next day, Ash Wednesday, is the beginning of the period of Lent which among Catholic and some Christian churches is a period of 40 days for fasting & penance to prepare for the celebration of Easter. Mardi Gras is celebrated in New Orleans by society balls & parades. Men's societies, called "krewes," organize elaborate costume balls, build floats and parade in costume. Beads & coin-like aluminium pieces are thrown from the parade floats to the spectators. The colors of Mardi Gras are purple, green & gold. Purple represents justice, green represents faith and gold represents power.

February Events at A Glance

Wednesday 2/8: Resident Council at 10:30am

Friday 2/10: February Birthday Party w/ Ron Miner ~ 2:30pm

Friday 2/17: Valentines Party with Rick Andrews ~ 2:30pm

Wednesday 2/22: Ash Wednesday with Sister Marie ~ 10:00am

Friday 2/24: Mardi Gras Party w/ Brian Nelson ~ 2:30pm

Every Wednesday is our Ice Cream Social



MEMORY CARE NEWS...

Our Memory Care residents tried a few new cooking recipes last month. Very tasty! Thanks staff for all your assistance. Three new programs have been added. "Love songs word game, discussion questions & our mind joggers trivia. They also enjoyed making a variety of arts & crafts for Valentines Day. They also baked Valentine cupcakes with hearts on them.



♥ **FEBRUARY SPECIAL EVENTS & MUSICAL ENTERTAINMENT** ♥

Date: Event:

- 2/1 Communion with Sister Marie @ 10:00am
- 2/2 Groundhog Day
- 2/3 Happy Hour with Vince @ 2:30pm
- 2/5 Super Bowl XLVI Party
- 2/8 Resident Council @ 10:30am
- 2/8 Communion with Sister Marie @ 10:00am
- 2/10 Birthday Party with Ron Minor @ 2:30pm
- 2/14 Catholic Mass @ 10:15am
- 2/17 Valentines Party with Rick Andrews @ 2:30pm
- 2/22 Ash Wednesday with Sister Marie @ 10:00am
- 2/24 Marti Gras Party with Brian Nelson @ 2:30pm
- 2/29 Leap Day

The Terrace at Woodland begins everyday with: Exercise @ 9:30am & Coffee Talk @ 10:00am

Monday, Tuesday, and Wednesday: BINGO @ 1:30pm

Monday: Yoga @ 2:30pm – Jewelry Making @ 3:30pm

Tuesday: Movie Matinee @ 2:30pm – Arts & Crafts or Scrapbooking @ 3:30pm – Creative Writing @ 4:00pm - Table Games @ 7:00pm

Wednesday: Ice Cream Social @ 2:30pm - Movie Matinee @ 3:00pm - Cards @ 4:00pm – Classic Movie @ 6:30pm

Thursday: Chorus @ 2:30pm – Creative Arts @ 3:30pm– Ladies Card Game @ 6:00pm

Friday: - Happy Hour @ 2:30pm* - Ladies Card Games @ 5:45pm

Saturday Classic Movie @ 2:00pm - Cards @ 3:00 - Yahtzee @ 3:30pm - Scrabble @ 4:00pm – Movie Night @ 7:00pm or Table Games @ 7:00pm

Sunday: Afternoon Walk @ 1:00pm - Church Service @ 2:30pm – Nail Care @ 3:30pm - Classic Movie @ 4:00 – Resident Social @ 6:00pm

Every afternoon @ 1:00 we walk outside/inside; all are welcome!

☺ **FEBRUARY BIRTHDAYS** ☺

3rd Gloria P.

11th Albert G.

21st Anne P.