



MENU - WEEK 1

Fall/Winter 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
French Toast Bacon Maple Syrup Oranges Juice	Eggs Over Medium Wheat Toast Fruit Cup Juice	Scrambled Eggs Hashbrowns Wheat Toast Juice	Fluffy Pancakes Berry Topping Bacon Juice	Cheese Omelet Toast Yogurt Juice	Hot or Cold Cereal Cinnamon Bun Fresh Banana Juice	Fried Egg & Cheese Sandwich Pears Juice
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Turkey Mashed Potatoes w/ Gravy Cranberry sauce Pumpkin Pie	Sirloin Tips Buttered Noodles Peas & Carrots Dinner Roll Butterscotch Pudding	Spaghetti with Meatballs Tossed Salad Garlic knot Banana Cream Pie	Baked Chicken Bkd Sweet Potato Wax Beans Dinner Roll Peaches	Sausage with Peppers and Onions Pasta and Beans Dinner Roll Grapes	Shrimp Scampi Rice Pilaf Mixed Veg Dinner Roll Mixed Melon	Ham with Pineapple Glaze Yams Spinach Dinner Roll Strawberry Cheesecake Bar
CC Pumpkin Pie	Butterscotch Pudding	Banana Cream Pie	Peaches	Grapes	Mixed Melon	Strawberry Cheesecake Bar
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Chicken Salad on Wheat bread Vegetable Soup Crackers Pickle Oranges	Broccoli Quiche Chicken & Rice Soup Crackers Creamed Corn Pears	Chicken Patty Melt on a Bun Lettuce and Tomato Tater Tots Tropical Fruit	Chipped Beef on Wheat Toast Beets Apple Crisp	Grilled Ham and Split pea soup Crackers Carrot Cake	Fish Sand on a Bun French Fries Tartar Sauce Lemon Cookie	Roast Beef & Cheese on Wheat Lettuce & Tomato Applesauce Potato Chips Jello w/whipped Cream
CC Oranges	Pears	Tropical Fruit	Apple Crisp	Carrot Cake	Cookie	Jello w/whipped Cream

SUBSTITUTION LIST: PLEASE REQUEST ALTERNATIVES 2 HOURS PRIOR TO MEAL

Grilled Cheese, hotdog, hamburger

Sandwiches: sliced ham, turkey, chicken salad, tuna, ham salad, egg salad

DRINKS BELOW ARE OFFERED AT ALL MEALS:

Milk, ice water, coffee, tea and juice.