



MENU - WEEK 4

Fall/Winter 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
French Toast Bacon Maple Syrup Oranges Juice	Eggs Over Medium Wheat Toast Fruit Cup Juice	Scrambled Eggs Hashbrowns Wheat Toast Juice	Fluffy Pancakes Berry Topping Bacon Juice	Cheese Omelet Toast Yogurt Juice	Hot or Cold Cereal Cinnamon Bun Fresh Banana Juice	Fried Egg & Cheese Sandwich Pears Juice
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Broccoli & Cheese Stuffed Chicken Baked Potato Sour Cream Spinach Peach Cobbler	Stuffed Peppers Tomato and Cucumber Salad Dinner Roll Vanilla Pudding	Pot Roast with Gravy Buttered Noodles Carrots Dinner Roll Apple Pie	Pork Roast Mashed Potatoes Gravy Wax Beans Dinner Roll Custard Pie	Chicken Marsala Roasted Potatoes California Blend Bread Stick Pears	Baked Salmon Rice Pilaf Peas Lemon Wedge Dinner Roll Ice Cream Sandwich	Chicken Parmesan Penne pasta w/Sauce Green Beans Dinner Roll Peaches
CC Peach Cobbler	Vanilla Pudding	Apple Pie	Custard Pie	Pears	Ice Cream Sandwich	Peaches
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Grilled Cheese Tomato Soup Crackers Pickle Brownie	Bacon, Lettuce and Tomato Sandwich Chicken Noodle Soup Crackers Pears	Grilled Chicken on a Bun with BBQ sauce Tater Tots Pickles Tropical Fruit	Cheeseburger on Bun Lettuce & Tomato Mac and Cheese Applesauce	Manicotti with Sauce Meatball Dinner Roll Caesar Salad Cookies	Egg Salad Sandwich Clam Chowder Crackers Pickles Grapes	Ham and Cheese Sandwich on Wheat Baked Potato Soup Cottage Cheese Raspberry/Apple Pie
CC Brownie	Pears	Tropical Fruit	Applesauce	Cookies	Grapes	Raspberry/Apple Pie

SUBSTITUTION LIST: PLEASE REQUEST ALTERNATIVES 2 HOURS PRIOR TO MEAL

Grilled Cheese, hotdog, hamburger

Sandwiches: sliced ham, turkey, chicken salad, tuna, ham salad, egg salad

DRINKS BELOW ARE OFFERED AT ALL MEALS:

Milk, ice water, coffee, tea and juice.