



MENU - WEEK 5

Fall/Winter 2021

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
French Toast Bacon Maple Syrup Oranges Juice	Eggs Over Medium Wheat Toast Fruit Cup Juice	Scrambled Eggs Hashbrowns Wheat Toast Juice	Fluffy Pancakes Berry Topping Bacon Juice	Cheese Omelet Toast Yogurt Juice	Hot or Cold Cereal Cinnamon Bun Fresh Banana Juice	Fried Egg & Cheese Sandwich Pears Juice
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
Baked Ham Sweet Potatoes Asparagus Dinner Roll Tapioca Pudding	Corned Beef Dinner w/ Red Potatoes Carrots & Cabbage Watermelon	Stuffed Shells W/Sauce Wax Beans Italian Bread Strawberries	Homemade Meatloaf Baked Potato Sour Cream Carrots Warm Dinner Roll Cherry Pie	Hot Dog on a Bun Macaroni Salad Baked Beans Alt: Kielbasa W/ Sauerkraut Jello	Fish Sandwich Coleslaw Onion Rings Alt: Shrimp Scampi Ice Cream Cup	Tuna Noodle Casserole Peas Wheat Bread Alt: Egg Salad Mixed Melon
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
Tuna Melt New Englan Clam Chowder Soup Alt: Macaroni & Cheese Lemon Meringue Pie	Turkey or Roast Beef Sandwich with Lettuce & Tomato Cheese Chilled Beets Macaroni Salad Chocolate Mousse	La Romas Pizza Wing Dings Celery Ranch Peanut Butter Cookies	Homemade Spanish Rice w/ Beef, Rice, Peppers, Diced Tomaotes Broccoli Alt: Italian Sandwich w/ Salami, Ham, Bologna Brownies	Goulash Corn Dinner Roll Alt: Macaroni & Cheese Angel Fruit Cake	Vegetable Lasagna French Green Beans ITALIAN BREAD Alt: Hot Dog on a Bun Pineapple Rings	Ham and Cheese Sandwich on Wheat Baked Potato Soup Cottage Cheese Chef Choice Cake
Lemon Meringue Pie	Chocolate Mousse	Peanut Butter Cookies	Brownies	Angel Fruit Cake	Pineapple Rings	Chef Choice Cake

SUBSTITUTION LIST: PLEASE REQUEST ALTERNATIVES 2 HOURS PRIOR TO MEAL

Grilled Cheese, hotdog, hamburger

Sandwiches: sliced ham, turkey, chicken salad, tuna, ham salad, egg salad

DRINKS BELOW ARE OFFERED AT ALL MEALS:

Milk, ice water, coffee, tea and juice.