



MENU - WEEK 2

SPRING/SUMMER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
FRENCH TOAST - 1 SLICE WITH APPLE TOPPING - 1/2 CUP GF SAUSAGE LINKS - 2 GF JUICE - 4OZ GF	2 EGGS OVER MEDIUM - GF WHEAT TOAST - 2 SLICES FRUIT CUP - 1/2 CUP GF JUICE - 4OZ GF	2 SCRAMBLED EGGS GF HASHBROWNS -1/2 CUP GF WHEAT TOAST - 2 SLICES JUICE - 4OZ GF	2 FLUFFY PANCAKES BERRY TOPPING - 2 OZ GF BACON - 2 SLICES GF JUICE - 4OZ GF	CHEESE OMELET - 4 OZ GF TOAST - 2 SLICES YOGURT - 4 OZ JUICE - 4OZ GF	HOT OR COLD CERERAL - 1/2 CUP GF BAGEL (1) WITH CREAM CHEESE JUICE - 4OZ GF	FRIED EGG & CHEESE SANDWICH - 4 OZ GF FRESH BANANA - 1 GF JUICE - 4OZ GF
LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
HOMEMADE MEATLOAF BAKED POTATO CUCUMBER AND TOMATO SALAD - 1/2 CUP ITALIAN BREAD - 1 SL PEACH COBBLER	BEEF STEW WITH POTATOES, CARROTS AND PEAS - 6 OZ SOFT DINNER ROLL DUTCH APPLE PIE - 1 SLICE	HOT HAM & SWISS ON RYE BREAD SWEET POTATO FRIES APPLESAUCE - 1/2 CUP CHOCOLATE CREAM PIE	SWEET & SOUR CHICKEN - 4OZ GF OVER RICE - 4 OZ GF BROCCOLI - 4 OZ GF WARM DINNER ROLL CHOCOLATE CAKE - 1 SLICE	CHICKEN AND GRAVY WITH PEAS AND CARROTS - 1/2 CUP GF OVER BISCUITS - 2 CHEDDAR MASHED POTATOES - 1/2 CUP WARM COOKED BEETS CHERRY CRISP	BAKED HADDOCK - 3 OZ BAKED POTATO - 6 OZ GF SPINACH -1/2 CUP GF SOUR CREAM - 1 OZ GF LEMON WEDGE GF ALT: MAC & CHEESE LEMON PUDDING - 1/2 CUP	BAKED HAM WITH SCALLOPED POTATOES WAX BEANS - 1/2 CUP CORNBREAD MUFFIN COCONUT CUSTARD PIE
CC PEACH COBBLER	DUTCH APPLE PIE - 1/2 SL	CHOCOLATE CREAM PIE	CHOCOLATE CAKE - 1/2 SL	CHERRY CRISP	LEMON PUDDING - 1/2 CUP	COCONUT CUSTARD PIE
DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER
GRILLED CHEESE - 4 OZ TOMATO SOUP-1/2 CUP GF PICKLES - 2 GF CRACKERS - 2 CANTALOUPE - 1/2 CUP	BACON, LETTUCE AND TOMATO SANDWICH - 5 OZ CHICKEN NOODLE SOUP - 1/2 CUP CRACKERS - 2 BLUEBERRIES - 1/2 CUP GF	GRILLED CHICKEN GF ON A ROLL W/ HONEY MUSTARD- 5OZ LETTUCE, TOMATO- 2OZ GF POTATO CHIPS- 1/2 CUP GF PICKLE- 1GF WATERMELON- 1 SLICE GF	PIZZA-1 SLICE WING DINGS-4 CELERY-1/2 CUP RANCH DRESSING-1/4 CUP GF FRUIT SALAD- 1/2 CUP GF	COLD PLATE: TURKEY SALAD LETTUCE, TOMATO 2OZ POTATO SALAD - 1/2 CUP COTTAGE CHEESE 2 OZ GF PEACHES - GF ALT: PASTA FAGIOLI SOUP STRAWBERRY SHORTCAKE	EGG SALAD SANDWICH - 5 OZ CREAM OF POTATO SOUP - 1/2 CUP CRACKERS - 2 DILL PICKLE GRAPES - 1/2 CUP GF	SLOPPY JOE GF ON A BUN - 5 OZ BAKED BEANS - 1/2 CUP MACARONI SALAD - 1/2 CUP ORANGE JELLO W/FRUIT
CC CANTALOUPE - 1/2 CUP	BLUEBERRIES - 1/2 CUP GF	WATERMELON- 1 SLICE GF	FRUIT SALAD- 1/2 CUP GF	STRAWBERRY SHORTCAKE	GRAPES - 1/2 CUP GF	ORANGE JELLO W/FRUIT

SUBSTITUTION LIST: PLEASE REQUEST ALTERNATIVES 2 HOURS PRIOR TO MEAL

Grilled Cheese, hotdog, hamburger

Sandwiches: sliced ham, turkey, chicken salad, tuna, ham salad, egg salad

DRINKS BELOW ARE OFFERED AT ALL MEALS:

Milk, ice water, coffee, tea and juice.