



## MENU - WEEK 4

SPRING/SUMMER 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>	<b>BREAKFAST</b>
FRENCH TOAST - 1 SLICE WITH APPLE TOPPING - 1/2 CUP GF SAUSAGE LINKS - 2 GF JUICE - 4OZ GF	2 EGGS OVER MEDIUM - GF WHEAT TOAST - 2 SLICES FRUIT CUP - 1/2 CUP GF DONUT - 1 JUICE - 4OZ GF <b>NATIONAL DONUT DAY!</b>	2 SCRAMBLED EGGS GF HASHBROWNS -1/2 CUP GF WHEAT TOAST - 2 SLICES ORANGES - 1/2 CUP GF JUICE - 4OZ GF	2 FLUFFY PANCAKES BERRY TOPPING - 2 OZ GF BACON - 2 SLICES GF JUICE - 4OZ GF	CHEESE OMELET - 4 OZ GF TOAST - 2 SLICES YOGURT - 4 OZ JUICE - 4OZ GF	HOT OR COLD CERERAL - 1/2 CUP GF FRESH BANANA - 1 JUICE - 4OZ GF	FRIED EGG & CHEESE SANDWICH - 4 OZ GF FRUIT CUP - 1/2 CUP GF JUICE - 4OZ GF
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
STUFFED CHICKEN BREAST WITH CHEESE AND BROCCOLI - 5OZ BAKED POTATO-3 OZ GF SOUR CREAM - 1 OZ GF ALT: CORDON BLEU  APPLE RASPBERRY PIE	TURKEY WRAP WITH TOMATO, LETTUCE, AND MAYO AND CHEESE TOMATO AND CUCUMBER SALAD - 1/2 CUP POTATO CHIPS - 1/2 CUP  RICE PUDDING - 1/2 CUP GF	REUBEN SANDWICH 6 OZ MASHED POTATOES - 1/2 C CREAMED CORN - 1/2 CUP APPLE RINGS - 1/2 CUP  BANANA CREAM PIE	PORK ROAST - 3 OZ GF MASHED POTATOES - 1/2 CUP GF GRAVY - 1 OZ GF BRUSSEL SPROUTS - 1/2 CUP GF SOFT DINNER ROLL COCONUT CUSTARD PIE - 1 SL	CHICKEN MARSALA-6OZ ROASTED POTATOES PEAS & CARROTS WHEAT DINNER ROLL  PEARS - 1/2 CUP GF	SPAGHETTI MEAT SAUCE DINNER ROLL TOSSED SALAD  HEATH BAR ICE CREAM	SALISBURY STEAK-3OZ GF MUSHROOM GRAVY MASHED POTATOES - 1/2 CUP GF CALIFORNIA BLENDED VEGETABLES-1/2 CUP GF SOFT DINNER ROLL PEACHES - 1/2 CUP GF
APPLE RASPBERRY PIE	RICE PUDDING - 1/2 CUP GF	BANANA CREAM PIE	COCONUT CUSTARD PIE - 1 SL	PEARS - 1/2 CUP GF	HEATH BAR ICE CREAM	PEACHES - 1/2 CUP GF
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
GRILLED CHEESE - 4 OZ TOMATO AND RICE SOUP - 1/2 CUP CRACKERS - 2 PICKLE - 1 GF  BROWNIE - 1	BACON, LETTUCE AND TOMATO SANDWICH - 5 OZ VEG. SOUP SOUP - 1/2 CUP CRACKERS - 2  CANTALOUPE - 1/2 CUP	CHEESEBURGER ON A BUN LETTUCE, TOMATO MAC & CHEESE - 1/2 CUP  JELLO W/WHIPPED TOPPING	BBQ CHICKEN (GF) ON A BUN - 5 OZ COLESLAW - 1/2 CUP GF FRENCH FRIES - 1/2 CUP GF  WATERMELON	BAKED MAC & CHEESE SQUASH MEDLEY - 1/2 CUP DINNER ROLL COTTAGE CHEESE 2 OZ GF PEACHES - GF ALT: GRILLED HOTDOG  PUDDING PARFAIT	EGG SALAD SANDWICH - 5OZ NE & MANHATTAN CLAM CHOWDER - 1/2 CUP PICKLES - 1 GF CRACKERS - 2 ALT: TUNA SANDWICH GRAPES - 1/2 CUP GF	GRILLED HAM w/wo CHEESE (GF) ON WHEAT POTATO CHIPS COTTAGE CHEESE  STRAWBERRY SHORTCAKE
BROWNIE - 1	CANTALOUPE - 1/2 CUP	JELLO W/WHIPPED TOPPING	WATERMELON	PUDDING PARFAIT	GRAPES - 1/2 CUP GF	STRAWBERRY SHORTCAKE

**SUBSTITUTION LIST: PLEASE REQUEST ALTERNATIVES 2 HOURS PRIOR TO MEAL**

Grilled Cheese, hotdog, hamburger

Sandwiches: sliced ham, turkey, chicken salad, tuna, ham salad, egg salad

DRINKS BELOW ARE OFFERED AT ALL MEALS:

Milk, ice water, coffee, tea and juice.